

## Curriculum Intent

### Curriculum Vision |

The purpose of the NKS Personal Development curriculum is to develop students' character skills so they can make informed decisions and live fulfilled lives. Personal Development supports character development through learning about Health and Well-being, Relationships, Living in the Wider World, Economic Well-being and Careers. In addition, our curriculum is responsive to the needs of the students, school, local and wider communities. Evidence shows that Personal Development can improve both the academic and non-academic outcomes for students, particularly the most vulnerable and disadvantaged. As such, our curriculum addresses social disadvantage as well as being a subject through which pupils develop the knowledge, skills and attributes they need to keep themselves healthy and safe and prepare for life in modern Britain and the wider world. Our curriculum is linked directly to the whole-school ethos at NKS and we incorporate the school's policies on anti-bullying, drugs, careers, inclusion and behaviour. We also facilitate the expertise we have in-house *i.e.* using the Careers officer to deliver lessons or provide relevant resources thereby ensuring our students benefit from the most up to date information available.

Section 2.5 of the National Curriculum Framework requires all schools in England and Wales to make provision for personal, social, health and economic education (PSHE), drawing on good practice. Sections 34 and 35 of the Children and Social Work Act 2017 make Relationships and Sex Education (RSE) compulsory for all pupils receiving secondary education. Personal Development curriculum at NKS is closely guided by the PSHE Association framework, which helps to identify the key concepts and skills that underpin effective PSHE education and help to fulfil our statutory responsibility to support students' spiritual, moral, cultural, mental and physical development and prepare them for the opportunities, responsibilities and experiences of life as set out in Section 78 of the Education Act 2002.

NKS Personal Development curriculum covers Key Stages 3-5 and are based on three core themes within which there is broad overlap and flexibility:

1. Health and Wellbeing
2. Relationships
3. Living in the Wider World

The purpose of studying Personal Development at NKS is to educate our students how to manage their academic, personal and social lives in a positive way. As they seek to embrace the challenges of creating a happy and successful adult life, students need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. We aim to empower them with that knowledge helping them to prepare for the opportunities, responsibilities and experiences of adult life and through doing so promote the spiritual, moral, social, cultural, mental and physical development of our students, at school and in society. We teach the subject with respect for students' backgrounds and beliefs and we continually strive to adapt our content and delivery to ensure our students are well-equipped to deal with changing trends in society. In addition to the continuous risk areas of drugs, alcohol, intimate relationships and sex, we prioritise areas that emerge to have a significant impact on society *i.e.* knife crime and mental health. We place high importance on issues that affect the students locally. Living in Kent raises the ongoing issues surrounding migrants and Ashford in particular has had to adapt to meet the needs of people migrants and refugees arriving at Dover and along the south coast. With its close proximity to London, Ashford also has ongoing issues with county lines and a rapidly expanding housing programme to meet the needs of an expanding population, a large percentage of which is London overspill.

# Personal Development



EXAMS

Personal Safety, Relationships and Wellbeing

Social Issues and Living in the Wider World

Independent Living, Finance and Living in the Wider World

Independent Study Skills and Employability Skills

UCAS, Personal Statements and Plagiarism

YEAR 13

YEAR 12

Essential Study Skills and Careers

Employability Skills and Careers

Drugs, Personal Safety and Wellbeing

UCAS and Living in the Wider World

Social Issues and Living in the Wider World

Personal Choices and Living in the Wider World

A LEVEL SELECTION

EXAMS

Living in the Wider World, Internet Safety and Digital Footprint

Health and Wellbeing, Living in the Wider World and Sustainability

Consent, Sexual Misconduct, Personal Safety and Equality

Post-16 Options, Metacognition, and Independent Study

Child on Child Abuse, Respect, Tolerance and Diversity

YEAR 11

YEAR 10

Child on Child Abuse, Respect, Tolerance and Diversity

Consent, Sexual Misconduct, Personal Safety and Equality

STEM, Careers and Employment

Mental Health, Wellbeing and Living in the Wider World

Living in the Wider World, Social Media and Relationships

Careers, Work Experience and Employability Skills

Living in the Wider World, Charity and Active Citizenship

Money Management, Employability and Independent Living

Living in the Wider World, Value of Education, Personal Development

Work Skills, Enterprise, Personal Development

Consent, Sexual Misconduct, Personal Safety and Equality

Child on Child Abuse, Respect, Tolerance and Diversity

YEAR 9

YEAR 8

Child on Child Abuse, Respect, Tolerance and Diversity

Consent, Sexual Misconduct, Personal Safety and Equality

Preventing Radicalisation, Racism and Xenophobia

Personal Target Setting and Emotional Literacy

Unhealthy Habits, Personal Safety and Wellbeing

Life Skills, Careers, Enterprise, Taxes and Public Services

Unhealthy Habits and Consequences

Healthy Living and Lifestyle Choices

Careers, Personal Target Setting, Global Perspectives

Money Management, Financial Choices, Budgeting

Relationships, Personal Safety and Equality

Child on Child Abuse, Respect, Tolerance and Diversity

Establishing KS2 learning

YEAR 7

