



Bushcraft trip

Saturday 28th June – Monday 30th June



Agenda

1. Location
2. Penshurst Place
3. Activities/Meals
4. Code of Conduct/Expectations
5. Medication
6. Your safety
7. Personal Items
8. Logistics



Location





Activities

1. Camouflage & Concealment
 2. Shelter Building
 3. Fire lighting
 4. Wilderness first aid
 5. Scenario SOS
 6. Cutting Tools
 7. Trap Making
 8. Bushcraft Challenge
- And more...



Our daily timetable will consist of:

- 3 to 4 different activities
- Breakfast, lunch, dinner and 2 snack breaks
- Evening games

Meals



All dietary requirements have already been sent over to the Bushcraft company in preparation.

Code of Conduct

- It outlines all general expectations and some 'dos and don'ts' our students need to follow.
- Every student needs to sign and a parent or carer.
- Please hand in before your departure.

If any of the conditions/rules are broken, I will ask a parent or carer to come and collect that student from the trip.

This code of conduct is for all students to adhere to throughout the trip. We would like to keep the rules and regulations to a minimum but in the interest of enjoyment and safety, all students are expected to follow the standards of behaviour as outlined below.

At the end of this letter a signature is required from both the students and parent / carer to ensure all parties understand the contents of this Code of Conduct and agree to adhere to the guidelines.

BEFORE THE VISIT

1. Familiarise yourself with the outline of the visit.
2. If there are any changes to a students' medical and dietary information which has already been recorded, then the trip organiser should be informed as soon as possible.

TRAVEL

1. Whether travelling to location (plane, coach, train etc), all students will be expected to behave whilst travelling during a trip, as they do in school, which should be calm, respectful, and attentive.
2. Instructions given by members of staff should be followed and not questioned, to allow for easy travel between locations.
3. During breaks/transfers, all students must behave as expected. Members of public will be present, therefore rude or inconsiderate behaviour will not be tolerated at any time.
4. If travelling to locations where age-appropriate items can be sold, please note that it is strictly prohibited for students to purchase any sort of alcoholic/ tobacco-based products or smoking paraphernalia, even if you are 18.

AT YOUR ACCOMMODATION

1. Familiarise yourself with the building as well as the most direct route to be taken in the event of a fire.
2. Do not indulge in smoking, drug taking or the consumption of alcoholic beverages whilst on the trip. Neither should these items be purchased or attempted to be purchased.
3. Do not leave the grounds of the accommodation.
4. These are hotels and therefore there will be other guests, be respectful and do not loiter in the corridors or make excessive amounts of noise which will disturb other guests or your fellow travellers.
5. Do not invite other NKS students or hotel guests into your rooms. You may also not go into other people's rooms either, this includes the rooms of other NKS students, as well as the rooms of other hotel guests. This is for your safety and the security of your personal items.
6. Staff reserve the right to remove students from shared rooms and rearrange sleeping arrangements if students do not adhere to the strict "lights out" time (to be decided by the trip leader). Some rooms may not have ensuite bathroom facilities; this is the only exception.

ON SITE RULES

General Safety: Remember that you have a responsibility to yourself, those around you and if called upon, those who might be called in to assist you. Please respect staff advice and remember that staff are taking the role of your carer whilst on the trip. Listen to ALL instructions given, however petty or obvious they may seem, because they are given for a reason. This goes for advice or instructions from the travel company guides and staff we encounter whilst out engaging in activities.

Crossing Roads: Ensure instructions are followed and designated crossings are used. Use paths where appropriate and cross in larger groups, rather than in smaller individual groups.

Medication

- All students need to bring any medication that they require.
- If any students need help with their medication e.g storage, please speak to me at the end.
- Students will be responsible for taking/administering their own medication
- Parents – Please make sure all medical info is up to date on Arbor.



Safety - Students

- When on site, it is crucial that you listen to all instructions and do as the Bushcraft and/or NKS staff tell you.
- Your actions can potentially put others in harm's way, so think about what you are doing
- You will be responsible for your own actions and sanctions will follow if our expectations are not met.



SHELTERS



FIRE



SAFETY



BUSHCRAFT
TOOLS



DRINKING
WATER



TREES



DIRECTIONS



NATURAL
STRING



Personal Items

- No Mobile Phones!
- All personal items are to stay at home, this includes phones and headphones. (No means of charging anyway)
- The more valuables you bring, the more likely something will get lost, stolen or damaged.
- NKS or The Bushcraft Co, will not be held responsible for any losses or damages.
- **Please do not bring any food with you.**



Equipment List

Sat 28th	Sun 29th	Mon 30th
 26° 14°	 27° 15°	 28° 15°

[NKS Outline.pdf](#)



DAY BACKPACK

(To carry the essentials)

- Jumper or fleece
- Waterproof Jacket
- Medications (labelled with clear instructions on the application/use and dosage required)
- Water bottles or hydration system
- Alcohol hand gel
- Torch (with fresh batteries) – a head torch is ideal
- Sun cream (weather dependent)
- Sun hat (weather dependent)



MAIN LUGGAGE

(Transported to camp on a trailer)

- Warm sleeping bag
- Roll mat
- Tracksuit or hardwearing trousers
- T-shirts
- Waterproof trousers
- Socks and underwear
- Pyjamas
- 2x pairs of footwear (e.g. walking boots and old trainers)
- Wash bag including toothbrush, toothpaste, soap and face wipers
- Towel(s)
- Wellington Boots (weather dependent)
- Warm hat, scarf and gloves (weather dependent)
- Thermal layers (weather dependent)

Please also pack some baby wipes/face wipes/flannel - as there will be no showering for the weekend!

Hot weather – hat and sun cream

Logistics

Saturday 28th June	Sunday 29th June	Monday 30th June
Drop off at NKS – 8.45am Depart - 9am	Bushcraft	Depart Penshurst Place – 2pm
Arrive at Penshurst Place – 10am		Arrive at NKS – 3pm



What to do now?

1. Sign and hand in your code of conduct
2. Ensure all necessary items have been located and ready to pack
3. Get ready for Saturday. Drop off at 8.45. Gates will be open for you to drive onto site.

If you need to urgently get in contact with your son, you should call the NKS duty number (07719262065), who will then get in contact with myself on the trip.

